

WE'RE NUTS ABOUT THESE FACTS



Did you know that "avocado" is the Aztec word for testicle? Testicles, also called testes, are egg-shaped organs that sit in the sac (scrotum) behind the penis. Their job is to make sperm and the male sex hormone, testosterone. Common problems that impact the testicles involve testicular trauma, testicular torsion, testicular cancer, epididymitis and hypogonadism. Facts about these health issues can be found at UrologyHealth.org.

It is common for men to have

2

testicles.



Polyorchidism is when a man has

more than 2

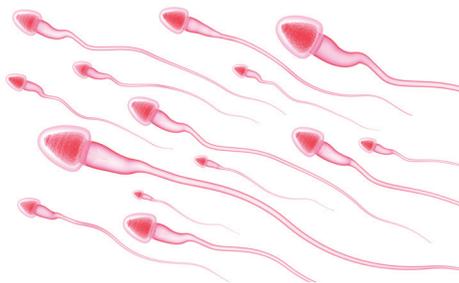
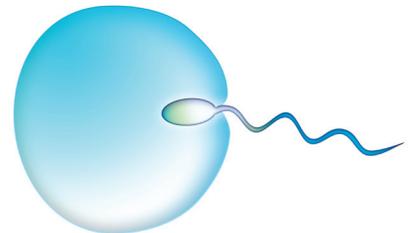
testicles, but this is rare.

10-13

years

Age range when testicles will start to grow.

1 healthy testicle can make enough sperm to fertilize a woman's eggs.



200

million

Number of sperm normal, healthy testicles make each day.



50%

of undescended testicles (cryptorchidism) drop on their own during the first three months of life.

2-3 x 1

(inches long)

(inch wide)

Average size of an adult testicle.

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About

70 days

Time for new sperm to be made and to fully mature.

80%

of a testicle (by volume) is involved in making sperm.

A sperm has

50%

of the DNA of a normal cell in the body.

15%

of men have veins that stand out in the scrotum called a varicocele ("bag of worms").

8,430

Number of new cases of testicular cancer diagnosed in 2015.

More than

95%

Cure rate for testicular cancer, when it's caught early.



Testicular torsion is when the cord to the testicle twists. This is more common in guys

12-18 years of age.

But, this can also happen in babies.

Over

200 million

Number of sperm in a normal ejaculation.

2-3

(degrees Fahrenheit)

Numbers of degrees cooler that testicles are than a man's normal body temperature.

15-35 years

Age range when testicular cancer is most common.

15

Age at which guys should start to do monthly testicular self-exams. For more facts about testicular cancer or doing a self-exam, visit the Urology Care Foundation website: UrologyHealth.org.